JUNIOR: 1.05.036.48



## PROMOTES ELEVATED **BODY POSITION**

Lifts hips and legs to focus on swimming with proper technique



Immobilizes legs, shifting focus to build upper body strength



Provides durability and prevents skin irritation

## IMPROVES HIP ROTATION

Calls for focus on hips while pulling to build core strength





## PRODUCT DESCRIPTION

Immobilizes legs and provides lift to build upper body strength and increase focus on proper hip rotation. The EVA foam provides durability and prevents skin irritation.





