Designed as a dual-function buoy to correct body position and activate the core.

TECHNICAL / KICKBOARDS & BUOYS









- STREAMLINED CONTOURS 2 Fits comfortably between legs
- LIGHTWEIGHT EVA FOAM Does not chafe or irritate skin, slightly textured for a more secure grip

PROMOTES ELEVATED **BODY POSITION**

Lifts hips and legs for proper technique

IMPROVES HIP ROTATION

Calls for focus on hips while pulling to build core strength

BUILD UPPER BODY STRENGTH

Immobilizes legs, shifting focus to build upper body strength

PRODUCT BUOYANCY

Small - 13.0 Newtons Medium - 22.5 Newtons











PRODUCT DESCRIPTION

Dual-function design improves body position and builds upper body and core strength. The ergonomically designed keyholes allow swimmers to easily move the buoy from ankles to legs. The EVA foam provides durability and prevents skin irritation.



DESIGNED IN CALIFORNIA

AXIS		
SIZE (CODE)	S (03)	M (04)
LEG CIRCUMFERENCE (CM)	16-21	22-30

^{*} Measure leg circumference about 10 cm above the ankle bone.



